

Stacking Cups



Type: [Games](#) Skills: [Critical Thinking](#), [Language & Literacy](#), [Physical & Motor Skills](#)

In this activity, kids of all ages can practice their problem-solving skills by learning how to stack cups.

For the younger children, just learning how to stack these cups will help them develop hand-eye coordination while older children will be able to play with them and learn more advanced skills through matching them up based on symmetry, color or sizes.



What We Learn

Cause and effect
Cognitive development
Language development
Hand-eye coordination

Supply List

Plastic cups

How-To

This activity really can become as simple or as detailed as you want to make it. For infants and toddlers, you really only need different sized plastic cups that fit into one another, or nest. For older children, you can create cups that they can sort based on numbers, colors, size or anything else you can come up with.

First, gather a set of plastic cups that are different sizes and that fit into one another. It's very important not to use Styrofoam cups because it's a choking hazard for little ones.

Once you have your set of cups, you will tailor the cups for the age of the child. You can decorate them by using different colored masking tape or paint, and then have the kids sort them by color. You can write sequential numbers or shapes on them. The possibilities are endless. But for very young children, it's the simple act of stacking the cups that benefits their brain development.